

## STEROIDS

Artificial hormones used to treat various medical problems. Increases weight, size and strength. When abused they can halt growth prematurely and lead to numerous adverse health conditions.

*Signs of Intoxication: Aggressive behavior, severe mood swings, depression. Yellow eyes and skin (Jaundice).*

*Withdrawal symptoms: Depression, fatigue, restlessness, insomnia, loss of appetite, craving for drug headaches.*

### EFFECTS OF CHRONIC ABUSE

- *Mind & Behavior:* Emotional instability, severe mood swings, aggressive behavior, depression psychotic episodes.
- *Heart & Blood:* High blood pressure, fat build up, hardening of the arteries, risk of stroke and heart attack.
- *Liver:* Risks include jaundice, tumor, hepatitis; liver cancer.
- *Kidneys:* Risk of malfunction.
- *Bones & Muscles:* Bone damage, tendon degeneration and increased risk of tendon tears.
- *Sexual Organs:* Risk of infertility, impotence.

***Other Risk: Acne; acceleration of male patterned baldness in men and hair loss in women; coarsening of the skin; decrease thyroid function; risk of cancer; masculinization in women (increase of facial and body hair; deepened voice).***