

DrugTALK Jamaica

Product types misused in Jamaica

Type	Examples	Medicinal purpose	Effect sought through abuse	
Opioids	Morphine, fentanyl, meperidine Codeine	Pain management	Euphoria	
	Codeine (in cough preparations)	Cough suppression	Euphoria	
	Diphenoxylate (Lomotil)	Diarrhea	Euphoria	
<i>Concern is centred on products containing combinations of paracetamol and codeine or branded cough mixtures containing codeine to control coughing.</i>				
Antihistamines	Diphenhydramine Hydrochloride, Cyproheptadine Hydrochloride	Relieve allergies Cyproheptadine can be used to relieve migraine as well	Exploitation of effect in combination with alcohol "Fattening effect", unsubstantiated vitamin supplementation	
<i>DJs have extolled the effects of this drug which is easily available from several outlets. Pharmacists have reported aggressive behaviour when they have refused to sell cyproheptadine.</i>				
Cough cold medication	Containing compounds such as pseudoephedrine, ephedrine, phenylpropanolamine and phenylephedrine	Decongestants	Stimulants Appetite depressants	Banned by World Antidoping Association
Volatile Substances	Found in pain sprays, hair sprays. Alcohol and methylated spirit Menthol crystals	Anxiety and sleep disorders Local pain relief	Calming, drowsy effect Cooling effect to combat ecstasy generated heat.	Adulterants lead to blindness
CNS depressants	Benzodiazepines-diazepam (Valium), alprazolam (Xanax). Chlomipramine Hydrochloride (Anafranil) a.k.a the Bomb	Anxiety and sleep disorders Obsessive Compulsive Disorder	Calming, drowsy effect Unsubstantiated enhancement of sexual and physical prowess. Exploitation of interaction with other CNS depressants that are habit forming	
Laxatives	Senna, Bisacodyl	To ease constipation	Bowel cleaning Assumed weight control through bowel cleaning Cleaning to create bowel space by "drug swallows"	
CNS stimulants	Sibutramine	Weight management	Elation, euphoria	